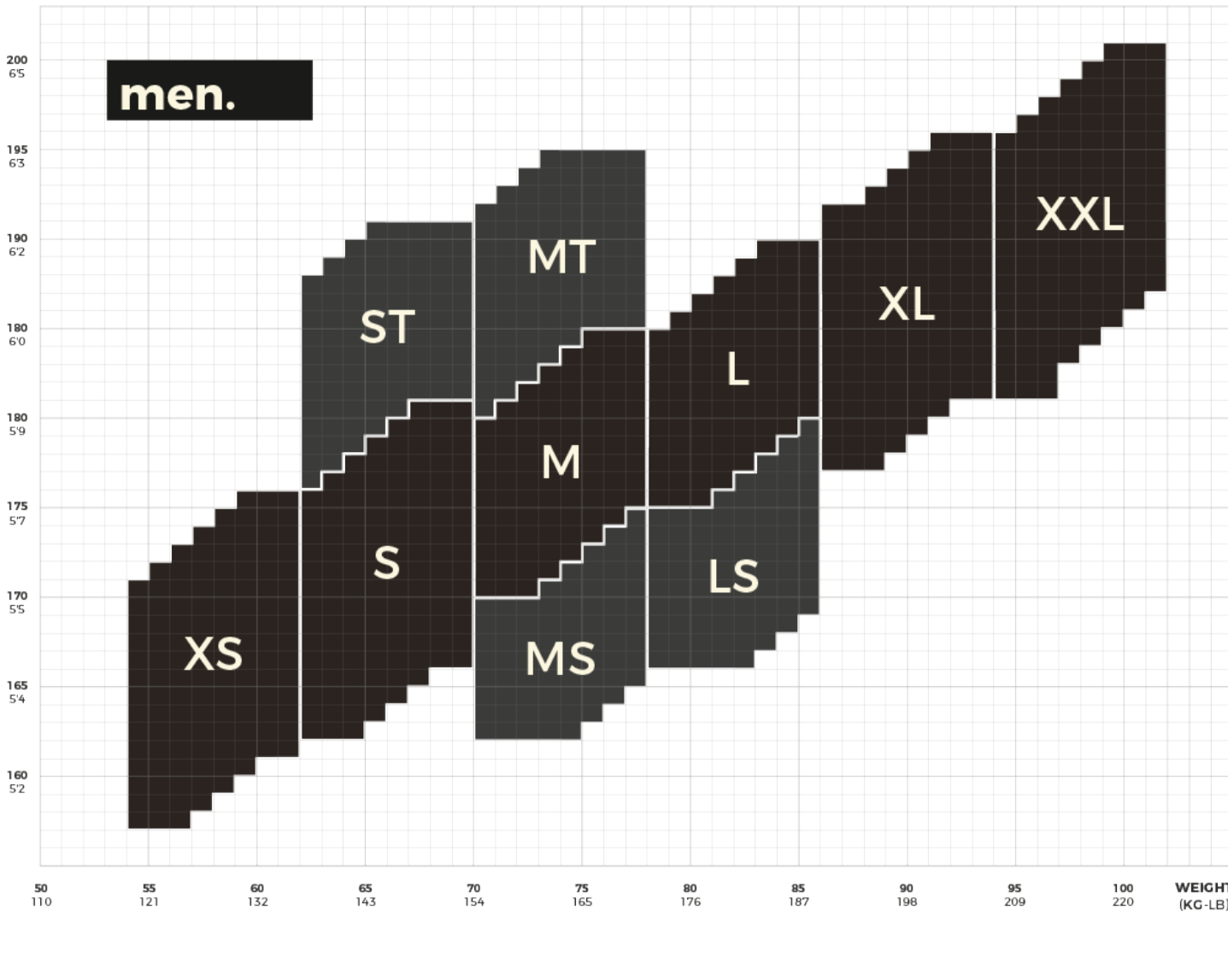
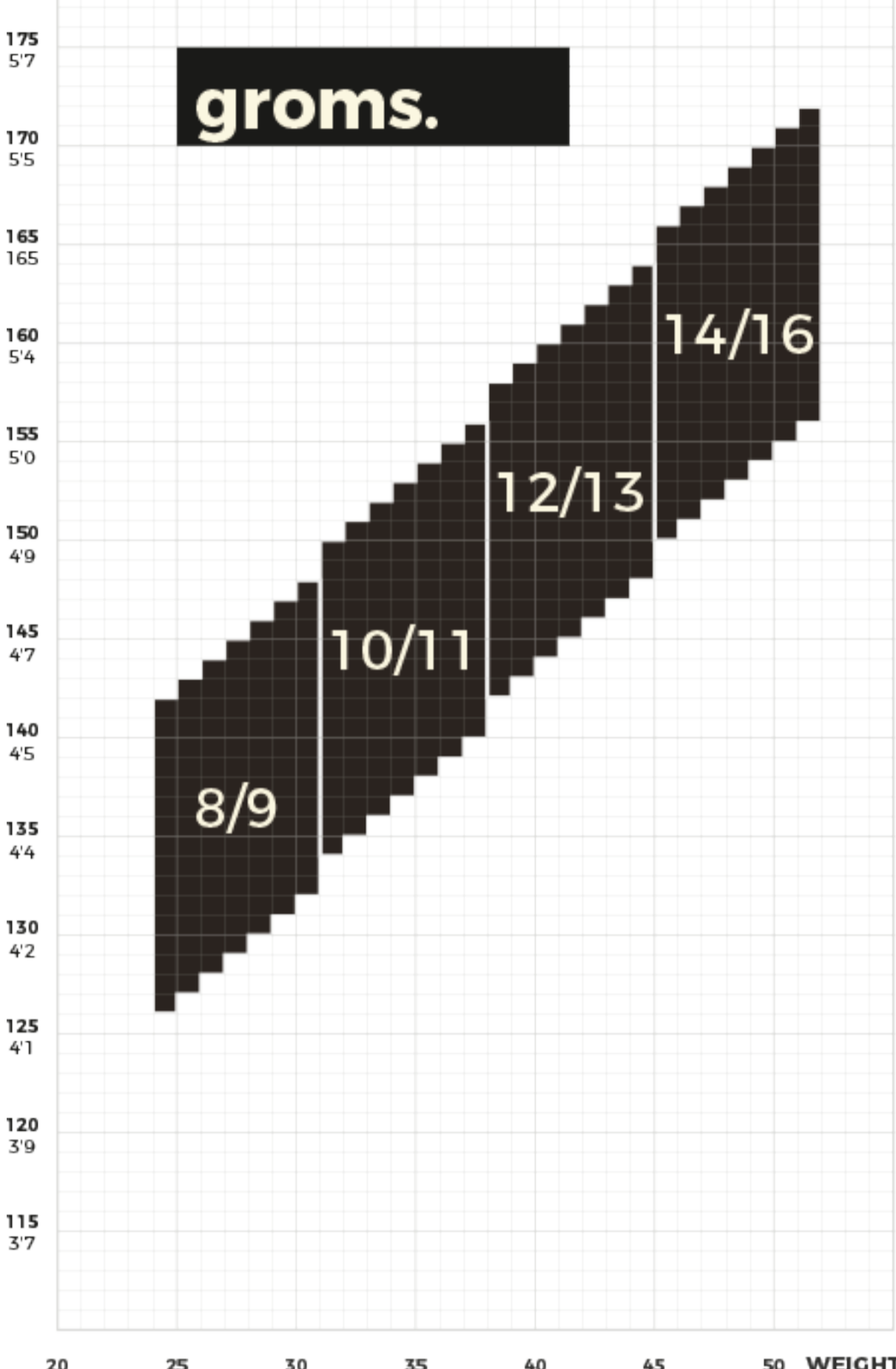


HEIGHT (CM-FT)



| | | XS | S | ST | MS | M | MT | LS | L | XL | XXL |
|--------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| WEIGHT | LB | 119-136 | 136-154 | 136-154 | 154-171 | 154-171 | 154-171 | 171-189 | 171-189 | 189-207 | 207-224 |
| | KG | 54-62 | 62-70 | 62-70 | 70-78 | 70-78 | 70-78 | 78-86 | 78-86 | 86-94 | 94-102 |
| HEIGHT | FT | 5'1-5'7 | 5'7-6'2 | 5'7-6'2 | 5'3-5'7 | 5'5-6'0 | 5'9-6'3 | 5'4-5'9 | 5'7-6'2 | 5'8-6'4 | 5'9-6'5 |
| | CM | 157-176 | 162-181 | 176-191 | 162-175 | 170-185 | 180-195 | 166-180 | 175-190 | 177-196 | 181-201 |

HEIGHT (CM-FT)



| | | 8-9 | 10-11 | 12-13 | 14-15 |
|--------|----|---------|---------|---------|---------|
| WEIGHT | LB | 52-68 | 68-83 | 83-99 | 99-114 |
| | KG | 54-62 | 62-70 | 70-78 | 78-86 |
| HEIGHT | FT | 4'1-4'8 | 4'3-5'1 | 4'6-5'3 | 4'9-5'6 |
| | CM | 126-148 | 134-156 | 142-164 | 150-172 |

HOW TO CHOOSE THE RIGHT WETSUIT SIZE?

It's crucial for us at MANERA that our customers easily find their size without getting a tape measure all over their body. We have therefore worked extensively on our size charts so that everyone can find their size at a glance, and with information already at their disposal.

Everyone knows their weight and height, so we only use this data, as well as some friendly advice:

1. **Weight is the priority: Find your weight in the grid, then your height.** Choosing your wetsuit is first a matter of volume, so weight comes before height.
2. It is necessary to feel tight when trying on our wetsuits. We offer an innovative 3D cut; it should be very tight. Neoprene loosens after a few hours in the water; **if you take a size that is too loose, the wetsuit will not fit properly after a few sessions.**
3. We give size ranges because each body type is unique. When you are in the low range of the interval (ex: 70kg for a size M man), you will have a rather loose wetsuit. When you are in the high range (ex: 78kg for a size M man), you will have a rather tight fit.
4. Inter-sizes "tall": We recommend a size "T" for a tall and thin morphology, from 10kg below your height on (ex: 70kg for 180cm = 5t).
5. Inter-sizes "short": We advise the size "S" for a short and wide morphology, from 10kg above your height on (ex: 75kg for 165cm= 5s).

HARNESSES

HALO, ECLIPSE & EXO 2.0

2023 and after

| | XS | S | S+ | M | M+ | L | XL |
|------------------|-------|-------|-------|-------|-------|-------|--------|
| WAISTGIRTH (CM) | 68-76 | 74-82 | 77-85 | 82-90 | 85-93 | 88-96 | 94-104 |
| WAISTWIDTH (CM) | 24-27 | 24-27 | 28-30 | 28-30 | 31-34 | 31-34 | 31-34 |
| SPREADERBAR (CM) | 24 | 24 | 28 | 28 | 32 | 32 | 32 |

ECLIPSE & EXO 2.0

Before 2023

| | XS | S | M | L | XL | XXL |
|------------------|-------|-------|-------|--------|---------|---------|
| WAISTGIRTH (CM) | 70-76 | 77-84 | 85-92 | 93-100 | 101-109 | 110-118 |
| SPREADERBAR (CM) | 22 | 24 | 28 | 32 | 34 | 34 |

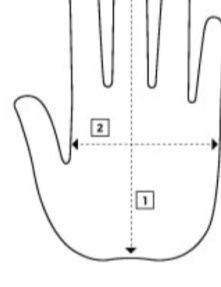
BOOTS

| INNER SOLE LENGTH (CM) | 22 | 23 | 24 | 24.5 | 25 | 25.5 | 26 | 27 | 28 | 29 |
|------------------------|----|------|-----|------|----|------|-----|----|----|----|
| UFSIZE | 4 | 5 | 6.5 | 7 | 8 | 8.5 | 9.5 | 10 | 11 | 12 |
| EUSIZE | 36 | 37.5 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 |



GLOVES

| | S | M | L | XL |
|---------------------|-----|------|------|------|
| 1. GLOVELENGTH (CM) | 16 | 17,5 | 19 | 20,5 |
| 2. PALMWIDTH (CM) | 9,5 | 10 | 10,5 | 11 |



HOOD

| | S | M | L | XL |
|------------------------|-----|-------|-------|-----|
| HEADCIRCUMFERENCE (CM) | -54 | 55-57 | 58-60 | 61+ |



BLIZZARD JACKET

| | S | M | L | XL | XXL |
|------------|-------|-------|-------|-------|--------|
| CHEST (CM) | 84-88 | 88-92 | 92-95 | 95-99 | 99-108 |
| WAIST (CM) | 74-78 | 78-82 | 82-86 | 86-91 | 91-98 |

BOARDSHORTS

| | 28/XS | 30/S | 31/M | 32/M | 33/M | 34/L | 36/XL |
|---------------|-------|------|------|------|------|------|-------|
| HIPGIRTH (CM) | 74 | 76 | 79 | 84 | 86 | 89 | 94 |

IMPACT VEST

| | S | M | L | XL |
|--------------------|---------|---------|---------|---------|
| BODYHEIGHT (CM) | 164-176 | 172-183 | 176-187 | 179-190 |
| CHESTGIRTH (CM) | 91-97 | 97-103 | 103-109 | 107-114 |
| WAISTGIRTH (CM) | 71-79 | 76-86 | 83-93 | 90-98 |
| AVERAGEWEIGHT (KG) | 64 | 72 | 80 | 90 |

T-SHIRT

| | S | M | L | XL | XXL |
|------------|-------|-------|-------|--------|---------|
| CHEST (CM) | 88-92 | 92-95 | 95-99 | 99-104 | 104-109 |
| WAIST (CM) | 78-82 | 82-86 | 86-91 | 91-96 | 96-102 |

SIZING GUIDE

To take accurate measurements, you will need a proper measuring tape. You should always stand straight, without moving your waist/chest. Each circumference measurement must be taken horizontally, and the tape should be stretched but not tightened.

- ◆ Height
- ◆ Neck
- ◆ Chest
- ◆ Bust
- ◆ Waist
- ◆ Hip

