

SIZE CHART

MEN

| | | XS | S | ST | MS | M | MT | MLS | ML | LS | L |
|--------|-----------|--------------------------|--------------------------|------------------------|--------------------------|---------------------------|---------------------------|--------------------------|---------------------------|--------------------------|-------------------------|
| HEIGHT | IN CM | 5'4" - 5'6" 163 - 168 | 5'6" - 5'8" 168 - 173 | 5'9" - 6' 175 - 183 | 5'7" - 5'9" 170 - 175 | 5'8" - 5'10" 173 - 178 | 5'11" - 6'1" 180 - 185 | 5'6" - 5'8" 168 - 173 | 5'9" - 5'11" 175 - 180 | 5'7" - 5'9" 170 - 175 | 5'10" - 6' 178 - 183 |
| WEIGHT | LBS KG | 125 - 135 57 - 61 | 135 - 150 61 - 68 | 145 - 160 66 - 73 | 145 - 160 66 - 73 | 155 - 170 70 - 77 | 165 - 180 75 - 82 | 155 - 170 70 - 77 | 165 - 180 75 - 82 | 165 - 180 75 - 82 | 175 - 190 79 - 86 |
| CHEST | IN CM | 35 1/2" 90 | 37" 94 | 37" 94 | 38" 96.5 | 39" 99 | 39" 99 | 40" 101.5 | 40" 101.5 | 41" 104 | 41" 104 |
| WAIST | IN CM | 29" 73.5 | 30 1/2" 77.5 | 30 1/2" 77.5 | 31 1/2" 80 | 32 1/2" 82.5 | 32 1/2" 82.5 | 33 1/2" 85 | 33 1/2" 85 | 34 1/2" 87.5 | 34 1/2" 87.5 |

| | | LT | XLS | XL | XLT | 2XLS | 2XL | 3XLS | 3XL | 4XL |
|--------|-----------|--------------------------|---------------------------|---------------------------|--------------------------|------------------------|------------------------|---------------------------|--------------------------|--------------------------|
| HEIGHT | IN CM | 6'1" - 6'3" 185 - 191 | 5'8" - 5'10" 173 - 178 | 5'11" - 6'2" 180 - 188 | 6'3" - 6'6" 191 - 198 | 5'9" - 6' 175 - 183 | 6' - 6'3" 183 - 191 | 5'10" - 6'1" 178 - 185 | 6'1" - 6'6" 185 - 198 | 6'1" - 6'6" 185 - 198 |
| WEIGHT | LBS KG | 185 - 200 84 - 91 | 175 - 190 79 - 86 | 190 - 205 86 - 93 | 205 - 220 93 - 100 | 195 - 210 88 - 95 | 205 - 220 93 - 100 | 220 - 240 100 - 109 | 230 - 260 104 - 118 | 280 - 300 127 - 136 |
| CHEST | IN CM | 41" 104 | 43" 109 | 43" 109 | 43" 109 | 45" 114 | 45" 114 | 49" 124 | 49" 124 | 53" 135 |
| WAIST | IN CM | 34 1/2" 87.5 | 36 1/2" 93 | 36 1/2" 93 | 36 1/2" 93 | 38 1/2" 98 | 38 1/2" 98 | 42 1/2" 108 | 42 1/2" 108 | 46 1/2" 118 |

WOMEN

| | | 2 | 4/XS | 6/S | 6T | 8S | 8/M | 8T | 10S | 10/L | 10T |
|--------|-----------|---------------------------|------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|--------------------------|--------------------------|------------------------|
| HEIGHT | IN CM | 4'11" - 5'2" 150 - 157 | 5' - 5'3" 152 - 160 | 5'2" - 5'5" 157 - 165 | 5'5" - 5'8" 165 - 173 | 5'2" - 5'4" 157 - 163 | 5'4" - 5'7" 163 - 170 | 5'7" - 5'10" 170 - 178 | 5'3" - 5'6" 160 - 168 | 5'5" - 5'8" 165 - 173 | 5'9" - 6' 175 - 183 |
| WEIGHT | LBS KG | 90 - 100 40 - 45 | 95 - 105 43 - 48 | 105 - 115 48 - 52 | 115 - 130 52 - 59 | 105 - 120 48 - 54 | 115 - 130 52 - 59 | 120 - 135 54 - 61 | 120 - 135 54 - 61 | 130 - 145 59 - 66 | 140 - 155 64 - 70 |
| BUST | IN CM | 31" 79 | 32 1/2" 82.5 | 34" 86 | 34" 86 | 35 1/2" 90 | 35 1/2" 90 | 35 1/2" 90 | 37 1/2" 95 | 37 1/2" 95 | 37 1/2" 95 |
| WAIST | IN CM | 23" 58 | 24 1/2" 62 | 26" 66 | 26" 66 | 27 1/2" 70 | 27 1/2" 70 | 27 1/2" 70 | 29 1/2" 75 | 29 1/2" 75 | 29 1/2" 75 |
| HIPS | IN CM | 32" 81 | 33 1/2" 85 | 35" 89 | 35" 89 | 36 1/2" 93 | 36 1/2" 93 | 36 1/2" 93 | 38 1/2" 98 | 38 1/2" 98 | 38 1/2" 98 |

| | | 12S | 12/XL | 14S | 14/2XL | 16 |
|--------|-----------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|
| HEIGHT | IN CM | 5'4" - 5'7" 163 - 170 | 5'6" - 5'9" 168 - 175 | 5'4" - 5'7" 163 - 170 | 5'6" - 5'9" 168 - 175 | 5'7" - 5'10" 170 - 178 |
| WEIGHT | LBS KG | 140 - 155 64 - 70 | 150 - 165 68 - 75 | 150 - 170 68 - 77 | 160 - 180 73 - 82 | 180 - 200 82 - 91 |
| BUST | IN CM | 40 1/2" 103 | 40 1/2" 103 | 44" 112 | 44" 112 | 47 1/2" 121 |
| WAIST | IN CM | 32 1/2" 82.5 | 32 1/2" 82.5 | 36" 91.5 | 36" 91.5 | 39 1/2" 100 |
| HIPS | IN CM | 41 1/2" 105.5 | 41 1/2" 105.5 | 45" 114 | 45" 114 | 48 1/2" 123 |

YOUTH

| | | 4 | 6 | 8 | 10 | 12 | 14 | 16 |
|--------|-----------|---------------------------|--------------------------|--------------------------|---------------------------|---------------------------|--------------------------|--------------------------|
| HEIGHT | IN CM | 3'10" - 4'1" 117 - 124 | 4'1" - 4'4" 124 - 132 | 4'4" - 4'7" 132 - 140 | 4'7" - 4'10" 140 - 147 | 4'10" - 5'1" 147 - 155 | 5'1" - 5'4" 155 - 163 | 5'4" - 5'6" 163 - 168 |
| WEIGHT | LBS KG | 40 - 55 18 - 25 | 50 - 65 23 - 29 | 60 - 75 27 - 34 | 70 - 85 32 - 39 | 80 - 95 36 - 43 | 95 - 110 43 - 50 | 105 - 120 48 - 54 |
| CHEST | IN CM | 23" 58.5 | 24 1/2" 62 | 26" 66 | 27 1/2" 70 | 29" 73.5 | 31" 78.5 | 33" 84 |
| WAIST | IN CM | 20" 51 | 21 1/2" 55 | 23" 58.5 | 24 1/2" 62 | 26" 66 | 28" 71 | 30" 76 |

TODDLER

| | | 1 | 2 | 3 | 4 | 5 |
|--------|-----------|----------------------|----------------------|-----------------------|------------------------|------------------------|
| HEIGHT | IN CM | 28" - 32" 71 - 81 | 33" - 37" 84 - 94 | 38" - 42" 96 - 107 | 43" - 47" 109 - 119 | 48" - 52" 122 - 132 |
| WEIGHT | LBS KG | 20 - 25 9 - 11 | 25 - 30 11 - 14 | 30 - 35 14 - 16 | 35 - 40 16 - 18 | 40 - 45 18 - 20 |
| CHEST | IN CM | 19" 48 | 20" 51 | 21" 53 | 22" 56 | 23" 58.5 |
| WAIST | IN CM | 18" 46 | 19" 48 | 20" 51 | 21" 53 | 22" 56 |

XCEL's size chart is for use as a general guide for stock size items only, if your measurements fall in between sizes, we suggest choosing the next largest size. Size availability varies per style.



TEMPERATURE GUIDE

| WATER °C | WATER °F | WETSUIT / GEAR / ACCESSORIES |
|-------------|-------------|---|
| 8° & BELOW | 46° & BELOW | 6/5 HOODED FULLSUIT, 8MM BOOT, 7MM BOOT, 7MM MITTEN |
| 12° & BELOW | 53° & BELOW | 5/4 HOODED FULLSUIT, 5MM BOOT, 5MM GLOVE |
| 9° - 13° | 49° - 55° | 4/3 HOODED FULLSUIT, 3MM BOOT, 3MM OR 4MM GLOVE |
| 11° - 14° | 49° - 58° | 4/3MM FULLSUIT, 3MM BOOT, 1.5MM OR 2MM GLOVE, HOOD OR CAP |
| 13° - 18° | 56° - 64° | 2MM OR 3/2MM FULLSUIT |
| 17° - 20° | 62° - 68° | 2MM FULLSUIT, SPRINGSUIT, OR LONG JOHN |
| 18° - 21° | 65° - 70° | 2MM SPRINGSUIT OR SHORT JOHN/JANE |
| 21° - 23° | 70° - 73° | 1MM OR 2MM JACKET |
| 23°+ | 74°+ | UV (RASHGUARD) |